

How to obtain a peaceful brain to save the Ukraine! Help Joe, Ole and Jane to save the Ukraine!

Konrad Frischeisen

Department of Neurology, Germany

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***Corresponding author:** Ahmed Hosameldin, Department of Neurosurgery, Fayoum University Hospitals, Fayoum University, Fayoum, Egypt.

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Abstract

Insights of the Nobel Laureates Arber, Binnig, Ernst, Heisenberg, Huber, Ketterle and Yang, whom the author personally met, help to advance the pathway to peace. The author's articles in Research Gate were inspired by Nobel Laureate Sperry's split brain research results, presented by Nobel Laureate Eccles, used by Noble Laureate Eigen in an article on Mozart in *Jenseits von Ideologien und Wunschdenken*. Helpful to obtain a healthy well balanced brain, they are translated here for perceiving life more holistically, musically, unconsciously, visual-ly to enable our brain to become peaceful for the well being of all creatures. Thus humans will clean oceans and green deserts for a better climate, stopping wars like the one in the Ukraine.

Dominant Brain Hemisphere

Connection to the Consciousness Verbal

Logically Constructive Comprehending Analytically Sequential/Arithmetic *St. Hildegard, St. Francis and Mozart succeeded to use both brain hemisphe- res for a good message*

for all earthly children. 'Where there is danger, is also the One, who saves.' Hölderlin
(free translation, follow- ing the internet.)

Subdominant Brain Hemisphere

Unconscious Action Musically Visually

Visual way of capturing Synthetically
Holistic/Geometric

Picasso said, he needed a whole life to paint like a child. Heisenberg valued the creativity of children. See also Daniel Goleman's work and the author's work on Research Gate, e.g. 'Noble Brains and Nobel Laureates' or 'The Brain as Peacemaker' Mozart, drawing by a child



Sperry referred in 'Science and Moral Priority' to Wordsworth and Nobel Laureate Delbrück. After World War II and atomic disasters in Hiroshima/Nagasaki, Delbrück pleaded like Sperry for moral priority in science. In the above mentioned book Sperry writes, translated from German by the author: 'Returning to our main concern, the



impact of creeping materialism in the Neuro- and Behaviour Sciences as well as elsewhere, we can say all in all, that *we have today an objective model of explanation of the brain function, that does not deny or degrade humanistic values, ideals and meaning of the human endeavours but rather confirms them.*'

This can help in the actual crisis, supported by holistic natural medicine, enriched by Sperry's, Bernstein's, Davidson's, Frankl's, Levitin's and Walsh's views, based on natural laws, which St. Hildegard considered divine. *Viktor Frankl* survived concentration camps integrating moral ideals/values into *logotherapy*, helping to find a meaning in life, inspiring the text of *Staying Alive* of Prof. Roger Walsh.

Man and woman were in St. Hildegard's view *created in the image of God* to be his *responsible co-workers*, helping and *praising God in his creation*, regarding *God as medical doctor (magnus medicus)* acting like a *medical doctor*, seeing *the suffering and sick, wishing to be healed*. St. Hildegard was not only pioneer in natural science, medicine and philosophy but also a composer, author, playwright and public speaker, corresponding with Friedrich I Barbarossa. Inspired by David's psalms and *healing words/actions of Jesus*, St. Hildegard was a pioneer in *environmental medicine*, contributing with knowledge of the *healing power of plants* and her *universal views of man within the cosmos* much to modern *holistic natural medicine*. According to *Schipperges*, author of a biography of St. Hildegard, she was a pioneer in medicine, combining a well founded anthropological thinking with ethical/ecological responsible action, giving everyone an area of responsibility and meaning in life. She foreshadowed views of Humboldt's and of Frankl's *logotherapy*, basing *therapy* on the divine *Logos*. About 100 years before St. Francis, *St. Hildegard* praised the *sun, the living light* and the *green force*.

In accordance with *Schipperges'* researches medicine in Christian Europe became along with *St. Hildegard* a healing service (*diakonia*) based on God's *merci (misericordia)* and compassion with all, who need help (*miseriis compatiens*) like the Samaritan (*imitans Samaritanum*). Brain research experiments of Prof. Richard Davidson confirm, that empathy is innate in the nature of children. This helps to understand *the developing genius of Hildegard or Mozart in childhood*. (Davidson worked with prof. *Andreas de Bruin*, creator of the *Münchner Modell*.) For Hildegard, Francis, Mozart, Walter Gunz and F. Weinreb love is the basis of the creation. In Wikipedia the information was found about St. Hildegard that "One of her better known works *Ordo Virtutum* (order of virtues) is a *morality play*." It recalls '*Science and Moral Priority*' into mind, Roger Sperry, *Nobel Laureate of Medicine*, had written. Like the Nobel Laureates v. *Suttner, Pauling, Delbrück* and others, Sperry regarded moral priority in science as essential. His split brain research results correspond to universal cosmic laws of nature. The exposition *Kosmos im Kopf* 2000 in the *Deutsches Hygiene Museum* called with reference to *Leibniz* and *John Eccles* into mind, that *cosmos* means also *order and beauty*. Prof. *Haken's synergetics as key to nature and brain helps to understand impacts of a synergetic order in nature or the creation, conceived as permanent process in life, brain and civilization. Lifelong learning, supported by Prof. S. Preiser, head of the University of Psychology Berlin, helps to act socially responsibly.*

After the Unesco Charta, war begins in the heads and peace must be prepared within them.

In the year 1800 W. v. Humboldt appreciated in a letter to Schiller poetry as helpful to lead man to himself. Humboldt met the Bavarian King **Ludwig I**, who gave *Munich* much of its beauty, buildings and institutions *for every generation* and the *Oktobertfest for celebration*. Humboldt/s were the name givers of the Humboldt university. After Watson, author of *The German Genius*, Alexander. v. Humboldt became the most famous man of science in his time. He supported Schinkel, who was inspired by Mozart's music to give Berlin much of its beauty. Wilhelm v. Humboldt can be valued as creator of the modern university. For Watson he was a creator of modernity.

Meeting the Bavarian king Ludwig I, a name giver of the Ludwig-Maximilians-University, Wilhelm v. Humboldt affected him deeply. Like Schinkel Ludwig was inspired by Mozart's music. He expressed his admiration for Mozart in his poem **An Mozart**. King Ludwig I of Bavaria, Palatine Wittelsbach line, valued Mozart's work as divine. **Bavarian King Ludwig I**

He wrote this poem for Mozart, presented here in extracts, translated by the author:



Ludwig I

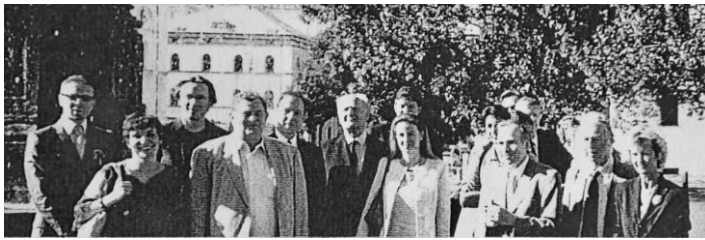
He wrote this poem for Mozart, presented here in extracts, translated by the author:

... Like on the heights of the Olympos
You are a sun glowing forever...
The youth of Gods blossoms forever...
In the spell of your imagination
Will exist blooming, what you created,
May live the ideal of beauty.

Ludwig created a unique area of Museums in honour of the Greek Antiquity. Ludwig's son Otto became king of Greece. In some manner the Russian Orthodox Church follows spiritual Greek traditions of Christianity, influenced by St. Paul. His Damascus experience provoked a change of mind with beneficial effects on Paul's spirit and brain, providing him with inspiration, vocation and mission, supported by biblical letters to early Christians. They suffered persecution in Rome, where also orphic Greek Christians met secretly in the Catacombs for gospel singing. The gospel was originally written in Greek.- Name giver of the word *Kaiser for emperor, Caesar* had shaped history, crossing the Alps.



During the reign of *Emperor Constantine* and *Sylvester I*, Christians received better conditions in the Roman Empire. Over a century after *St. Augustine*, *St. Benedict* created with his order in *Monte Cassino* a meaningful basis for spreading the Christian faith in Europe and elsewhere. *Hubertus Prince zu Löwenstein* was asked in the USA to present '*The Germans in History*' to Americans. *Prince zu Löwenstein's* book and *Otto v. Habsburg's* '*Die Reichsidee*' are encouraging on the way to peace in the spirit of Jesus, *St. Hildegard* and *Kant*. *Gabriela von Habsburg*, little daughter of *Kaiser Karl I* of Austria, king of Hungary, who was working as professor of art and ambassador for Georgia, is presented in the next picture. *Prof. von Habsburg* inspired to work like *Pestalozzi*.



From right to left: *Ulrike Leutheusser*, Head of the Education Section of the Bavarian TV in 2004, Nobel Laureate *Prof. Huber*, *K. Frischeisen*, initiator of the DAAD Summer Academy "New Frontiers in Science", *Prof. Gabriela von Habsburg*. Behind her *Prof. Eckhard Wolf*, left from him *Prof. Claus Hipp*, *Dr. Ammann*, *Dr. Thalhammer*, in the background right students and heads of the LMU, in front, left from *G. v. Habsburg*, *Ludwig Apfelbeck*, *Nathalie Coursieres* and *Dr. Wenrich*.

The place of the meeting in front of the LMU is called *Geschwister Scholl Platz* in honour of *Hans* and *Sophie Scholl*. With their mentor *Prof. Kurt Huber* they were members of *Die weiße Rose*, executed by the Nazis. *Prof. Huber's* book *Leibniz, Der Philosoph der universalen Harmonie*, can help to bring harmony into our brain on the way to peace. *St. Francis* inspired *Ramon Lull* (influencer of *Columbus*, *Leibniz* and *Ockham*). *Bavaria's King Ludwig I* valued *St. Francis* and *Ockham*, who helped *Kaiser Ludwig* of Bavaria. *St. Francis* inspired this summer-academy with thoughts of human brotherhood.

These thoughts can help to stop the war in the Ukraine applying the presented research results. *Brother D. Steindle-Rast* and *Prof. Weinreb*, an Ukrainian, were encouraging like statements from the Nobel Laureates *Arber*, *Binnig*, *Ernst* and *Ketterle*. All deserve thanks as well as other scientists and supporters like *Prof. Huber*, the children with inspiring drawings and former pupils/students. *B. v. Suttner* was enthusiastic about the USA, where she was very popular, participating in an international congress for women and an international peace congress. Like *Isaiah*, *Jesus*, *St. Hildegard* and others she prepared an *era of peace*, becoming reality, *if we love our fellow men like Mozart* requested in *Kleine deutsche Kantate/A little German Cantata*. In this spirit diplomatic arrangements may lead to peace in the Ukraine like *Henry Kissinger*, *Dr. Klaus von Dohnanyi*, *Prof. Dr. Alexander Kluge*, *Prof. Johannes Varwick*, *Dr. Wolfram Weimer*, *Folker Hellmeyer* and many others were proposing.

This peace era can be based on *Kant's* writings on perpetual peace and regarded with *v. Suttner's* book *Die Waffen nieder* as a new

chapter in world history and the human evolution.

This evolution can be supported by a verse from *Goethe's West-Eastern Diwan*, translated here by the author:

„Gottes ist der Orient! Gottes ist der Okzident! Nord und südliches Gelände ruht im Frieden seiner Hände.“ ('God's is the Orient! God's is the Occident! North and Southern lands lie in the peace of his hands.')

Linus Pauling, *R. Sperry*, *R. Walsh*, *L. Mumford* and leading scientists, including the Nobel Laureates *Arber*, *Ernst*, *Huber* and *Ketterle*, participating in 'New Frontiers in Science' events, prepared thankfully this new peace era in history, inspiring with *Matthias Claudius*, *Mozart*, *Hölderlin*, *St. Hildegard*, *St. Francis* and others the author for following verses June 2022. The kind reaction of *Prof. Leppin*, historian, *Goethe University*, encouraged improvements of the verses, aiming to combine best results of science with respect of Christian values and humility in history, inspired by *St. Hildegard*, *Leppin* and *Ranke*. Thanks earn likewise *Gerty Spies*, who survived a concentration camp, engaging herself for brotherhood into the age of 100 years in *Munich*, *Dr. Hildegard Kronawitter* for engagement in the *Weißerose Stiftung* and *Dr. Stefanie Siebers-Gfaller* for reminding blessings of *Jesus*, where the merciful, the pure in heart and the peacemakers are blessed. (Matthew 5) The *Prof. Arber*, *Groll*, *TUM*, *M. Kling*, *W. Parak* and *Dr. med. Wolfgang Schweiger*, who participated in a *New Frontiers in Science* event and *Timofei Prochorow*, who constructed the *West-Eastern Peace Church Munich*, living into the age of 110, were helpful. They stimulated like *Marion v. Dönhoff*, *Hans* and *Heinrich v. Lehndorff*, *Einstein*, *Albert Schweitzer*, *Franz Alt* and others, former students like *Carlos Acevedo-Rocha*, *Melanie C.*, *Leah S.* with *A. Sen's Identity and Violence*, these verses:

Wenn doch nur Frieden wäre! If only there would be peace!

Ist Krieg, wenn doch nur Frieden wäre. It is war, if only there would be peace! Lord help Gott, greife heilsam und versöhnend ein! Im To reconcile, to comfort, to forgive and heal. Gebet und Handeln gebührt Ihm die höchste Ehre Honoring Him, we do not conceal, Und mit Ihm wird bald Frieden sein. That peace will become real.

Dann fallen die Gewehre und

Then all soldiers become brothers, return home, Alle Waffen schweigen. Soldaten Dancing with children and their mothers. Let's pray Aller Heere kehren heim und tanzen For God's blessing and grace in men's silent peaceful action, Friedlich mit Frauen und Kindern Reigen.

Developing to God and those, who serve him, a good connection.

For healers like *St. Hildegard* the influence of nature is a flow of God's graceful love, supporting men to become peaceful. Synergetics, developed by the physicist *Prof. Haken*, valued by Nobel Laureate *Eigen*, author of *Jenseits von Ideologien und Wunschenken/Beyond ideologies and wishful thinking*, can help anyone to free himself from destructive war ideologies.



Becoming free from dependency of ideologies, men preserve nature in its beauty and diversity in favor of children.

Synergetics or right chemistry stimulate cooperation in phase transitions to take healing leadership of peace movements and currents of public opinion. Children in the children picture right, unconsciously celebrate natural laws, catalyzing peace and reasonable arrangements. These may lead to peace in the Ukraine, proposed by Henry Kissinger, Klaus v. Dohnanyi and Alexander Kluge, who remembered thankfully the peace after world war II and the help of Americans with the Marshall plan, wishing/proposing it now for the Ukraine, inspiring the script: **Help Joe, Ole and Jane to save the Ukraine Persons:** Joe, American actor, physicist, chemist and yogi, **Ole**, a German actor, **Jane**, originally Jeanne, a French actress, **Vladi:** 1. Ukrainian watch officer, **Dany:** 2. Ukrainian watch officer, **Denis:** 3. Ukrainian watch office, **President:** an Ukrainian actor, **An ambassador Joe, Ole and Jane reach Kyiv by car, Joe is driving, Ole using the brakes, Jane guiding by smartphone.**



Joe: Where are the masks? **Ole:** Here is yours and there Jane's and mine. With them, we win the war in the Ukraine.

Joe: Are we soon reaching the residence of the President? **Jane, looking into her Smartphone:** yes, please turn right at the next street's end. **In front of the President's residence:** **Jane:** Oh, it is looking very smart. **They get out of the car, Joe addresses the first watch officer.** **Vladi:** What do you want here? **Joe:** We want to speak with the President.

Vladi: For which purpose? Have you been here before? **Joe:** We want to help him to win the war. **Vladi:** I do not think, that the President has time, but I appreciate your intentions, if you respect our conventions. Do you understand something about war? **Joe:** Yes, even to be victorious in a kind of *Blitz*: I studied in the army physics, chemistry and *Clausewitz*.

Ole: I can assure you, Joe is number one, all, what we propose is well founded and well done. **Vladi:** That sounds good, we need every young courageous woman and man. **Joe:** After strict control of identity. **Vladi:** Yes please! *Joe, Ole and Jane pass him their passports.* **Vladi:** An American, a German and a French lady, that can perhaps help to open you the door.

I will call the President's office at once. *While he is speaking, he*

gives a sign to subject the actors to strict body searches, which are at once started. **Vladi:** You have a chance, the President is just in consultation with an ambassador, you are welcome in about 10 minutes to see him. **Dany:** Body search successfully accomplished. **Vladi:** Good, the door will soon be opened and another officer will lead you to the President. Please put on the masks before or otherwise we cannot open the door. *After about 8 minutes* **Denis:** When the masks are put on, I will lead you to the President, wishing you and us a victorious outcome in the end. *They put on well done masks of the American President, of the German Kanzler and of the French President.* **President:** Welcome..., what? Do I dream? The American *President*, the German *Kanzler* and the French *President* in *Kyiv*? That is the best day on earth since my birth. Young actors like you remind me of the beauty of life as a young actor. In *war time* I only have the victory in mind, but you evoke the memory of another kind, leading me back to my real self as a comedian, with all the gifts, God has given to me, desiring to finish the actual tragedy peacefully. God's invisible hand has sent you to me as congenial brothers, helpful to lead this war to the most *victorious* end and to a victory over myself beyond any ideology. The *Kanzler* seems me today ready for Hollywood or the Broadway.

Joe: Mr. President, for that reason we come into this honorable house, you are a genial man, please take a look at our script, illustrated with children's pictures, based on advanced interdisciplinary research and on Mozart's *Magic Flute* evoking reconciliation in the new version of our script, perceiving Mozart as source of peace according to *Nobel Laureate Romain Rolland.* *Joe passes the script on to the President.*

President, after intensive study of the script: Children's pictures, text about St. Hildegard's healing light and green force of plants, about St. Francis and brotherhood, about Erasmus, Mozart and the *Magic Flute*, in German *Die Zauberflöte*, Pestalozzi, Schiller, Goethe and about harmony, which is now so important for me and all of us, Kant's writing *On Perpetual Peace*. Indeed, that is, what we need. I admire, what I see, best research results of physics, *synergetics*, medicine, brain research and chemistry in a DAAD Summer-Academy. You mention Frankl and Walsh's *Staying alive*, Einstein, Binnig, Ketterle, Linus Pauling, Roger Sperry and other Nobel Laureates helpful to obtain a peaceful brain and to stop the war in the Ukraine. After your script I regard war as a disease, willing to celebrate the Eternal Peace in Europe, for that it is never too late. Thus we can shape a good future and reconstruct our country like the Germans did after World War II with help of the Americans and the Marshall plan. You touch me deeply with your script and lead me back to my true ideals: Peace and freedom for our country and for each other's country, which I am as comedian wishing in the tradition and spirit of Aristophanes deep in my heart.

Every shot is too much, we finish this tragedy instead of enlarging this war and go to Hollywood. It is the most beautiful victory, the best *Blitz* according to *Clausewitz*, the best ideal becoming real. **Ambassador:** And how will the future be for the Ukraine? Will we be neutral like Switzerland? **President** Yes, it is the best way to shape our future and to develop ourselves in a new European peace and security architecture. Regions like Donezk and Luhansk may decide freely and peacefully themselves, how they want to live according to free elections. Vaclav Havel mastered a



similar process peacefully with the Czech Republic and Slovakia without any shot. If all Russian soldiers leave the Ukraine, we will plead for the lifting of all sanctions against Russia, as we want to live in future peacefully together like brothers. You and the

articles *Noble Brains and Nobel Laureates*, *The Brain as Peacemaker* and *The Magic Flute I and II as holistic healing approach* are helpful for us.