

## Safety of eyes in infants and babies during Breast feeding

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### Article Info

**Received:** December 01, 2021

**Accepted:** December 22, 2021

**Published:** January 04, 2022

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**Citation:** Shripat Dixit, Reva Kanash and Parvez. (2022) "Safety of eyes in infants and babies during Breast feeding", *Ophthalmology and Vision Care*, 2(1); DOI: <http://doi.org/01.2022/1.1024>.

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### Abstract

An awareness study about the Eye safety while breast feeding in small children and infants, as there are always chances of an eye injury to the baby with the hook of mother's blouse. In India blouse is a traditional top woman used to wear mostly.

**Keywords:** Blouse<sup>1</sup>, Breastfeeding<sup>2</sup>, Infants<sup>3</sup>, Lid Laceration<sup>4</sup>, Corneal tear<sup>5</sup>

### Abbreviations:

Blouse is a traditional top which has been worn in pan India

### Introduction:

A four days old baby girl reported to our hospital in emergency followed by an injury with a hook of a blouse. On examination she was diagnosed small lid tear at upper lid. Baby's mother told that she was feeding her and suddenly she moved her head and blouse hook scratched the upper lid.

She then taken to Operating room and tear sutured under topical anesthesia. Baby's recovery was fast and uneventful on subsequent follow ups. As an eye health care provider, we noticed that there are lots of trauma cases are being reported to us with history of injury with a hook of blouse while breast feeding to their babies. This is typically happening with the blouse only because in rural part women do veil and due to veil women, sometime cannot see well that hook comes very close to the baby's eye and causes trauma. So, we decided to start an awareness campaign in our cataract screening camps. This awareness made a huge impact which could avoid such injury. <https://www.esrcs.org/paris2019/programme/posters-details.asp?id=33353>  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3729650/>

### Materials and Methods:

Routine Instruments like Torch, Handheld Slit lamp and Operating Microscope and surgical instruments set for trauma repair.

### Results and Discussion:

Early surgical interventions gave very good results in terms of good contour of lid and Corneal shape Although visual outcomes yet to measured but in subsequent follow ups babies look comfortable.



without hooks or pin to avoid any trauma.

**Acknowledgement:**

We acknowledge my sincere thanks to our hospital management, IT team, colleagues in OPD and OT Ms Vimla Rai and Mr KS Nagda for their valuable support to carry out this awareness programme.

**Conflict of interest:**

There is no conflict about it.

**Financial Interest:**

There is no financial interest to do the study.

**References:**

1. <https://www.esprs.org/paris2019/programme/posters-details.asp?id=33353>
2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3729650/>

**Conclusion:**

We need to spread this message in our society that mothers have to be extra careful while feeding their child. Even our Gynecologists should also explain the soft stretchable cloth top